

## Exodus 20:8–11

### *Remember to Consecrate Jesus's Day*

**Main idea:** The Lord has given us a weekly day to be renewed in Him. We are to remember what the day is for and devote the day entirely to that purpose.

<sup>8</sup> “Remember the Sabbath day, to keep it holy. <sup>9</sup> Six days you shall labor and do all your work, <sup>10</sup> but the seventh day is the Sabbath of the Lord your God. In it you shall do no work: you, nor your son, nor your daughter, nor your male servant, nor your female servant, nor your cattle, nor your stranger who is within your gates. <sup>11</sup> For in six days the Lord made the heavens and the earth, the sea, and all that is in them, and rested the seventh day. Therefore the Lord blessed the Sabbath day and hallowed it.

### Introduction

Remember!

1. Remember
  - a. You were created for the Lord (Ex 20:8–11, Gen 1:26–2:3, Mark 2:27). n.b. the first four commandments as the details of the first great commandment.
  - b. You were redeemed for the Lord (Deu 5:12–15), and not just for this life
  - c. Jesus, especially is the Lord for Whom you were created and redeemed (Mark 2:28, Matt 12:8). This is a (the?) main message of the New Testament, so we are not surprised that “a Sabbath-keeping remains for the people of God” (Heb 4:9)
2. The Sabbath Day
  - a. Initially man's first day (Gen 1:26–2:3)
  - b. Restored to the Jews under Moses as the last day of the week
  - c. Anticipated as coming into a special season of glory with the Messiah (Isa 56/58)
  - d. Elevated to the church under Christ as the first day of the week (Mat 28:1, Mk 16:1–2, Luk 24:1, Jn 20:1, Ac 20:7, 1Cor 16:2, cf. Heb of Lev 23:39, Gk LXX title of Ps 24/48/94 which are 23/47/93 in the LXX numbering)
  - e. Consummated when our work is done and we enter His rest (katapausis, Heb 4)
3. To Keep it Holy
  - a. Remembering in order to consecrate is the main point of the commandment
  - b. Setting aside other things is named, because they doing so is necessary since they get in the way, but resting *from* those things is not primarily in view
  - c. *Finding the Lord Himself to be our rest* is the primary commandment
    - i. This is why mercy and necessity are aimed at enabling someone to worship Jesus. Making it a “day of mercy” without focusing on enabling recipients to worship Christ is actually a profaning of the day—taking something set aside for a holy purpose and using it for an otherwise admirable purpose, but not the holy purpose for which it was given.
    - ii. This is why making it a day for “me,” or a day for “family,” or arguing for other activities because you find them restful are all just as much (and maybe worse) a profaning of the day as working.
    - iii. A greater duty upon heads of households, because your family's ability to consecrate the day well will rely much upon your leadership.

### Conclusion

You were created to delight in Jesus and redeemed to delight in Jesus, and He has continued for you a weekly Sabbath-keeping as “delight training.”