

## Equip U – Marriage – Session 8

### Sexual Oneness

#### A. God's Good Design for Sexual Oneness in Marriage

*The private, pleasurable culminating expression of the exquisite delights in one's marriage relationship, that also accomplishes procreation, protection, and a picture.*

#### B. Biblical Perspectives

1. Pleasurable Delight – Prov 5:18-19, Song of Sol 1:2, 1 Tim 4:1-3
2. Procreative Delight, but not just for Procreation<sup>1</sup> - Gen 1:28, 9:1
3. Private Delight
4. Relational Delight
  - a. Picture of Your Relationship

Two Inhibitors...

- Relational sins –
- Personal sins –

- b. Icing on the Cake

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<sup>1</sup> Note – though procreation was a creation mandate (general command), the Great Commission (Matt 28:19) along with the option, even betterness, of kingdom singleness (1 Cor 7:7-8, cf. Matt 19:10-12) seems to broaden and reprioritize the particular form of “multiplying and filling the earth” in the New Covenant age – now multiplying disciples rather than population.

5. A Faith-filled Delight – Heb 13:4-5
  - a. Infidelity (breaking faith) –
  
  - b. Unfidelity (lack of faith) –
  
6. A Commanded Delight – 1 Cor 7:3-5 (Prov 5:18-19)
  - a. Why the Need for a Command?
  
  - b. Protection against Temptation
  
  - c. A Nuanced Command – Give, not Take (1 Cor 7:33-34)
  
  - d. An Unnatural Exception – v. 5
  
  - e. Natural Exceptions

### **C. Dealing with Sexual Past**

1. Life's Reality – We all have a sexual past... tending to impact on our sexual present (Rom 8:2)
  
2. God's Provision
  - a. Grace to forgive (both give and receive) – Mark 3:28, 11:25
  
  - b. Grace to overcome – 1 Cor 6:11, Rom 8:12-17