### A Reformation of Prayer:

Praying for Spiritual Strength

## For this reason I bow my knees before the Father,

# from whom every family in heaven and on earth is named,

that according to the riches of his glory he may grant you to be strengthened with power through his Spirit in your inner being,

so that Christ may dwell in your hearts through faith—that you, being rooted and grounded in love,

may have strength to comprehend with all the saints what is the breadth and length and height and depth,

and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God.

Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us,

to him be glory in the church and in Christ Jesus throughout all generations, forever and ever.
Amen.

Small prayer focuses on situations, BIG prayer prays for God's power to reveal and grasp His love for us through Jesus Christ.

### For this reason I, Paul...

## For this reason I bow my knees before the Father,

#### **Ephesians 3:14**

### Message of the Gospel

The Mystery Revealed

This mystery is that the Gentiles are fellow heirs, members of the same body, and partakers of the promise in Christ Jesus through the gospel.

**Ephesians 3:6** 

To me, though I am the very least of all the saints, this grace was given, to preach to the Gentiles the unsearchable riches of Christ,

Ephesians 3:8-10

and to bring to light for everyone what is the plan of the mystery hidden for ages in God, who created all things,

Ephesians 3:8-10

so that through the church the manifold wisdom of God might now be made known to the rulers and authorities in the heavenly places.

Ephesians 3:8-10

# 'To me every knee shall bow, every tongue shall swear allegiance.'

But to all who did receive him, who believed in his name, he gave the right to become children of God,

John 1:12-13

who were born, not of blood nor of the will of the flesh nor of the will of man, but of God.

John 1:12-13

### Modeling the Method of Prayer

that according to the riches of his glory he may grant you to be strengthened with power through his Spirit in your inner being,

Ephesians 3:16

And my God will supply every need of yours according to his riches in glory in Christ Jesus.

Philippians 4:19

### Strengthened with Power in Our Inner Being

## Decaying Yet Renewed in Our Personal Communion

So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed day by day.

#### 2 Corinthians 4:16-18

For this light momentary affliction is preparing for us an eternal weight of glory beyond all comparison,

2 Corinthians 4:16-18

as we look not to the things that are seen but to the things that are unseen. For the things that are seen are transient, but the things that are unseen are eternal.

2 Corinthians 4:16-18

## God's Power of Renewal Through the Spirit

that according to the riches of his glory he may grant you to be strengthened with power through his Spirit in your inner being,

**Ephesians 3:16–17** 

## so that Christ may dwell in your hearts through faith...

so that Christ may dwell in your hearts through faith—that you, being rooted and grounded in love,

**Ephesians 3:17–19** 

may have strength to comprehend with all the saints what is the breadth and length and height and depth,

and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God.

## Grasp the Love of God in the Gospel

## Rooted like a Tree & Firm like a Foundation

"He is praying that our understanding will be able to penetrate one of the great mysteries. It is not enough that we understand God to be loving, nor that we understand there to be a love that belongs to Christ. We need divine power to have a deeper understanding of the dimensions of the love of Christ."

#### R.C. Sproul

## that you, being rooted and grounded in love,

#### **Ephesians 3:17–19**

may have strength to comprehend with all the saints what is the breadth and length and height and depth,

Ephesians 3:17-19

and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God.

#### Ephesians 3:17-19

# Grasp the "ungraspable" with the Saints.

"We need the whole people of God to understand the whole love of God."

### John Stott

May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.

**Romans 15:13** 

Though you have not seen him, you love him. Though you do not now see him, you believe in him and rejoice with joy that is inexpressible and filled with glory,

1 Peter 1:8-9

## obtaining the outcome of your faith, the salvation of your souls.

1 Peter 1:8-9

may have strength to comprehend with all the saints what is the breadth and length and height and depth,

Ephesians 3:18-19

and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God.

**Ephesians 3:18–19** 

#### Filled with the Fullness of God

## For in him all the fullness of God was pleased to dwell,

Colossians 1:19-20

and through him to reconcile to himself all things, whether on earth or in heaven, making peace by the blood of his cross.

Colossians 1:19-20

"No matter how much we know of the love of Christ, how fully we enter into his love for us, there is always more to know and experience. And the implication, in the light of the following words, is that we cannot be as spiritually mature as we should be unless we are empowered by God to 'grasp the limitless' dimensions of the love of Christ'."

But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me.

2 Corinthians 12:9-10

For the sake of Christ, then, I am content with weaknesses, insults, hardships, persecutions, and calamities. For when I am weak, then I am strong.

2 Corinthians 12:9-10

### Magnification

Prayer & Doxology

Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us,

Ephesians 3:20-21

to him be glory in the church and in Christ Jesus throughout all generations, forever and ever.
Amen.

Ephesians 3:20-21

### We are dependent on the power of God in us.

# Our aim in prayer is the Glory of God.

Small prayer focuses on situations, BIG prayer prays for God's power to reveal and grasp His love for us through Jesus Christ.