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One thing I want to say, is that All right, I said this last Lord today, is that for some reason I get the most

Interesting topics to talk on, and this one is, is probably one of the most

Important because you cannot read this material. Not be changed to some degree. And as I pointed out last Lord stay, I think it's important that we all look at the material. Read this material and learn from it. So what I want to do is recap from last or today, a little bit about what we talked about We looked at sorry.

CS Lewis is a great divorce and how Lewis used imagery to show that lust is a perversion of sexual desire and that we must kill lust. In order to fill guides design for human sexuality, One of the things that we talked about was the proliferation of internet. Pornography For example, has become so prevalent that it's begin to dull people's senses to the seriousness of lust in the heart and the physical aspect of that.

The neuroscience behind that, is that many pornographers boast of going and pushing the envelope further, and introducing new and harder perversions and themes because a, customers or building up a tolerance for that content.

And that we fail to understand. The sexual desire is a God-given God glorifying gift through creation. While lust is essentially a self-centered sin, it's a converse of self-denial and and love of the Triune God and our neighbor.

Foundational principles of overcoming lust in general identify the nature of sexual lust, and particular and applying biblical principles define a path forward through it. So again, this is just recapping a little bit about what we talked last Lord's Day and what is sexual sexual lust is a meditation directed towards the wrong objects for the wrong reasons.

Some primarily some primary biblical means of overcoming lust or meditation, faith, and prayer. Our victory must be grounded and meditating on the appropriate truths of Scripture. So, we looked at the foundation, One of the most important things that we can learn and fighting against sin, is that our sin as well as as well as your situation in life, is not unique yet.

God tells us that no temptation as overtaken us other than what is common to man. First Corinthians, 10:13. Sin is so focused and obedience to God. Is God focused The lower pointed repeatedly to what you have in common with fellow believers in order to foster our hope first Peter 4:12 says, dear friends.

Do not be surprised at the fiery ordeal that has come on you to test you as though something strange were happening to you. The best way to address the problems of sexual lust is to learn how to battle against lust in general. While Alaskan refer to sexual lust it can also refer to inordinate or misdirected desires or affections.

What lust is and how it works. All sin begins with lust and all us begins in the heart and works outward. That's something to ponder. First and foremost lust is our fault. We must own up to our sin by recognizing that we alone are to blame for it. Less growth from the inside out.

Whether we lust after people as sexual objects or after money, fame power popularity, security or anything else. It always grows from inside out rather than from outside in.

Lust is powerful. Jesus says whoever whosoever committed sin is a slave to sin. John 8:34 According to James send temps us, draws us away and entices. Us sin is also dangerous, Even though the power of sin is broken in a Christian, he or she continues to fill his power.

The good news is that Christ came to destroy the works of the devil, in us. First, John, 3:8. And he who is in us, is greater than he who is in the world. First, John 4:4 So uprooting and replacing lust, Uprooting lust is like gardening Must dig up the weeds by the roots and plant good plants in their places.

So within that, we seek We seek the primary, we seek the primary step and overcoming lust is, I'm sorry. The primary step in overcoming lust is seeking Christ and the heavenly realms.

The uprooting of lust must begin with meditation of Bible, truths, and exercising. Faith in God's promises. We must have a clear understanding of Christ and confidence in what he has done and will do both in us and for us,

We must kill.

We see Paul urges us to kill sin mortify. Therefore your members which are upon the earth fornication uncleanliness inordinate affection covetousness, which is idolatry for which things. Say wrath of God cometh on the children of disobedience in the which ye also walked sometime when you lived in them. But now you also put off all there, anger rat, malice blasphemy filthy communication out of your mouth lie.

Not one to another seek that ye have put off the old man, with his deeds and have put on the new man, which is renewed in knowledge. After the image of him that created him where there's neither, Greek nor Jew circumcision circumcision, nor uncircumcision barbarian city, set the bond, nor free.

But Christ is in all Christ is all and in all Colossians, 3:511 two very specific commands here. Kill our members on the earth and put off our evil deeds. We now have put on the new man and are being renewed in the image of God in Christ together, with all people from every background While sin remains in us, it no longer rains in us

Replace Paul concludes his appeal by showing. It is not enough to get rid of sin, but we must replace sinful practices with godly ones and we must transform an ordinate desire into proper ones.

As we pluck up the weeds of sin and replace them with healthy plants. Bearing the fruit of righteousness, the weeds will grow back yet Christians can and must progress repeatedly against the less of the flesh, the lust of the eyes and the prize in life.

So this is just a, a brief recap of what we talked about last Lord's Day, So our focus is identifying sexual lust. Many people often go wrong in the battle against sexual loss because I do not identify the problem. Problem correctly. We need to identify what lust is not and what it is before learning how to kill and replace it, how not to kill lust.

It's a mistake to assume that cutting off external occasions to lust equals mortifying it. Oftentimes there is confusion between sexual lust and sexual desire. The difference between vice and virtue involves a misdirecting of God, given desire to the wrong object of the wrong time and end self-love can be godly.

However, selfishness is evil. A civil magistrate executing a convicted criminal for murdering a righteous is righteous is a righteous act, But killing someone out of personal. Revenge is wicked, sexual desire is good, but sexual lust is a apparent. We will never put sin to death by simply removing the occasion of committing sin.

There must be a cutting of the heart of sin. Many fall into the trap of believing. That marriage is God's remedy to lust. How this happens is by a misinterpretation of first Corinthians 7:9 which reads, but if they cannot control themselves, They should marry for it is better to marry than to burn with passion.

Marriage is a God ordained outlet for sexual desire. It is not the remedy for lust As we know to early in our earlier in our discussion lust is a perversion and still remain and still remains. So in marriage, one more ride lust is the content. I'm sorry. Unmortified. Lust in the content of marriage is destructive.

And those pursuing marriage to overcome. The lust will drag down the holy institution. Yeah, we do. We see that narcissociety today, absolutely. With us is sexual. Lust is the application of God given sexual desire to the wrong object with the wrong end. And at the wrong time, Jesus says, You have heard that it was said, you should not commit adultery.

What I tell you that anyone who looks at a woman lustfully has already committed adultery with her and his heart. If you're right eye causes you to stumble gouge it out. And throw it away. It is better for you to lose one part of your body and for your whole body to be thrown into hell.

And if you're right hand, causes you to stumble, cut it off and throw it away. It is better for you to lose one part of your body, then your whole body to go into hell. It has been said anyone who divorces his wife must give her certificate of divorce.

What I tell you that anyone who divorces his wife except for sexual immorality makes her the victim of adultery and anyone who marries a divorce woman commits adultery Jesus connects the seventh commandment which which I discovered is the most common and upon in the whole decalog to several sinful practices and contrast to the scribes and Pharisees who reduces sin to its outward expressions.

Jesus taught both sin and righteousness, reach the heart. The issue here is that both describes and Pharisees. Believe they could conquer sin by changing their circumstances. Jesus said for I tell you that unless your righteousness surpasses that of the Pharisees and the teachers of the law, you will certainly not enter.

The kingdom of heaven Sexual lust is inappropriate sexual desire. In order to kill it we can neither ignore nor rename it. We also cannot simply hope to outgrow it. We must identify it, attack kill and replace it with practices pleasing to the Lord.

So, looking forward. What's the path to victory over lust While some forms of sexual perversion such as pornography may be adding adding complications? The basic principles of overcoming lust revolve around meditation biblical, meditation, and tells intense thought and contemplation, which is and aim towards personal application. Meditation will change how we think in order to change how we live Romans 12 1 through 2.

Therefore, I urge you brothers and sisters in view of God's, mercy to offer your bodies as a living sacrifice. Holy and pleasing to God. This is your true and proper worship. Do not conform to the pattern of this world but be transformed by the renewing of your mind. Then you will be able to test and improve.

What God's will is, is good pleasing and perfect will killing sin. Must involve mental and spiritual reprogramming and demands changing thought, patterns and affections. So, we go back to what we discussed last Lord today about the neuro plasty, and the changing of what physically goes on. In the mind.

This is actually the antidote to that. We examine the ways. Outlined in Owens, nine rules for mortification and adopting them in the issue of sexual sin. Soon by nose of John Owens is John, I had to John Owens. Was born in 1616 and stance steadhampton. Oxfordshire. England. He died in 1683 in London.

He's an English parent, Puritan minister prolific writer, and religious. Controversialist, he was an advocate for congregate Congress. Cong applications. Thank you. And ate all overcome Cromwell. According to Owens there, at least two prerequisites to mortifying sin. We must first the believers in Christ. We must be living to God through Christ by the Spirit Owens writes.

There's no death of sin. Without the death of Christ regarding the spirit, he added a man-made easier. See, without eyes. Speak without a tongue. Then mortify one sin without the work. I'm sorry. Without the spirit, This leads us to an important conclusion and that is to kill. I'm sorry to kill is the work of living men, where men are dead.

And also in all unbelievers are sin is a line and will live. We must be alive to God in order to be dead to sin.

A one second principle is that we must be opposed universally to all lust. If we would mortify, any lust This echoes, the biblical pattern found in Colossians 3:17, which regret out last Lord's Day, We cannot have hope to conquer sexual lust. If we do not have a zero tolerance policy, against every lust Owens writes, If we will do anything, we must do all things.

If we indulge in gluttony fail to manage time and money and generally lack self-control, then we should be not surprised if we do not make progress against sexual lust. Well, each of us have has particular struggles and they often change with time. We can succeed against sexual lust by succeeding against other lusts.

So I'm going to go through Owens nine rules of mortifying lust. I probably won't get through all nine today. I will continue this, the next floor today. So Owens provides nine. Helps to do what to do to fostering godly meditation. Consider the danger symptoms of unmortified sin. We must learn to recognize the difference between the presence of indwelling sin Generally and sins.

Requiring special attention, Sexual loss is often one such sin. In today's church, Our first step towards victory is waking up to the problem. We must ask questions, like is a sin persistent in my life. Does it never really go away? Owens noted. All. I'm sorry. Owens noted old neglected wounds are often moral.

Always dangerous. Indwelling distempers, grow rusty, and stubborn by continuance in ease and quiet. Go ahead, Dave? Yes position, nice. Promise about this. One of the things that while lost is within the heart of the individual, I think it's very important in fighting loss that you identify where it's coming from And another words, what's feeding it.

And I would say, this is a child of the 60s and the 70s one very. So they never, you know, when I was growing people about the TV to say like and what their continually doing in there. Is their equating loss with love making them But they don't ever say that correct one in the same and I go back and now what I love them looking to watch them but I would caution you parents that television program.

That you think are safe. Unbelievable. Why I go back and look at them, like the one I think of is Beverly Hillbillies. It's unbelievable. What sexual innuendos and lost is being promoted intelligence Road, We would all in certain people might say, well, that was a good good, you know, that was when they made a good one.

Now it's it's not Another example. I'll give you Hogan's hero which done in 1965. It's horrible when you see some other things that the place can be read about the man, Kogan and died. Nine years old as the sexual deviant. Yes, yes. It's very, very important. When you're fighting lungs that you identify, what is feeding.

It's very yes it is is like I said I would never have thought anything about those things. It's the same thing. I I encounter today, you know, listening to songs that I thought were okay songs, you know as a teenager even in my young adult life and they've gone back and I've listened to the words.

I'm just thinking about the music and I've listened to a word. I just cannot believe. What is the written a little fine? I never never even realize you. So I would just caution parents in very, very diligent and those areas. Because what you what you think might be safe because you grew up with it.

Go back will probably be shock. You know, I'm glad you brought that up big. Something that's very important. And for me, going through this, the study, it it caused me to reflect on a lot of things in my life and things that I've done and grew up with thinking that they were okay.

And looking at it through a different lens and perspective now. And realizing that because it was, what? As you point out, it was feeding that lust and there's so many things out there that feed into that lust things that we see on television things that we just see out there.

And in the world, We have to be cautious of that mindful of that.

So thank you faster. Yeah, I looking on your probably, not going to get into going tonight. No sir. All right, I just the first one We'll say when we get to John Owens. I think it'll the eye opening for all of us because it's not just to be Throwing up in the church.

The motivation and method for fighting sin, that I was fought was not the one from the line. Yeah, we were taught In the area of sexual sin Avoid it because it's going to mess up your marriage and focus on what you want. Your marriage. That'll fix in the area economics.

You're leaving. Lazy and wasteful will destroy your economic prosperity So you have planning through your future, work hard, and be frugal and that effective.

If you think that the reason to resist lust in the heart is because you won't be able to have a wide for enjoy your wife as well. If you have lost now, You will discover what we said earlier. You bring your heart lust into your marriage. It doesn't fix the heart loss to ruin the marriage.

It is God, whom you cannot have him and your sin, you can have a life in your sin. You can have economic prosperity and your system. You can have health and your friends, Of course,

enough sand in the consequence of that, we'll destroy all those things. But the one thing you absolutely cannot have along with your sin, is the Lord Himself.

And that is the point from the garden illustration that you put in. After you take out the that desire to have him and know him and belong to Him and enjoy him and bring him on for that to be. The primary mode of your existence. And that's, that's what's against Olson.

And that's why you can't just work on the sexual lust because the thing that displaces that also displaces all other sin. That's why you fortify all or you're mortifying. None is because the notification of the sin comes with the vivification brings life of that love for and living in The Lord.

And that's what's going to come out of the, you know, the nine principles and Owen. Yeah, I wish that reading the Puritans was common fair in the Churches that I grew up in because as a seminarian, you know, reading John Owen, volume six, discovered things that were in the Bible the whole time and I had grown up in church, and no one had ever told me, and it's a lot harder to start fighting sin length and to go after the Lord with your hardly.

I'm sorry. Ben, you were necessary. And okay. I so I have questions about this. What are we to do? With positive instruction and negative warnings that are ubiquitous of the Bible, almost in every book of well. But the man on this satisfied, with his wife in Tong Solomon, he pleaseiatric report talks about what you're talking about money.

You have any of it, You can't enjoy the sweetness of the fruit unless you have God, that's obviously part of it. But obviously there's also incredibly practical and in the negative and positive, this will hurt you. The things you're saying about being a slugger. Well that's a legitimate warning of the scripture itself gives us.

Yep. So we'd obviously without saying it's sufficient, which is not obviously but what do we do with that? Then if that's, it's still true, is it? Well, you respond to God in your response to whatever your circumstances. All right. So, you know, with, with respect to work and reality in generosity.

Yes. You know. God is the one who do this, given you all that. You have your own way of steward of it. You diligently certainly With respect to, you know, Oscar's current topic. It's it's not just that. So lost is a disordering of sexual desire. What a man has with his wife, is a response to a reality that he has from God, the cultivating of it internally or imagining or even in the heart.

It's already not a response to a reality. It's it's trying to have enjoyment without the reality and not, you know, pornography makes it worse If you don't actually need for nonography. So, to have the, the the, the attempt to enjoy, without the reality, which is an attempt to enjoy without God, right?

What about the person for him? God has ordained two ones. What about their design? Well, The designer is first and foremost to the Lord so that if he gives you a wife, you are now obligated to foster and fulfill your relations with her because you have been given a life by God right?

Yeah. So you're responding to the Lord in your circumstances and employing the goodness of his design. For those circumstances Is there a part of the warning prohibitions and absolutely think of problems with their thoughts of others? You know, a slugger. You can't even lift the mercy from God, that he has made sin to be self-destructured, but it's it's also condemning to the unbeliever, right?

When we, when we preach the word like that and say, well, but, you know, God has told us and you decided not to listen. It, it's like a well Olson become self-conduct, right? The problem with the unbeliever is, he's trying to help life without God and working without God, but God is designed to this world.

So that that's self-destructive When the unbeliever keeps doing things that destroy him, it just displays that he is getting what he deserves to trying to have his life without God. So all the advice, all the warnings, all the ammunitions are valid and helpful. Absolutely. They're saying that we should run from temptation.

Should believe in limitation. We ask God to lead us not into temptation, They're all very valid but they're not sufficient what I mean. That's why. That's why children and if mom and dad don't do this yet then hopefully they will do it more or better. After they hear me apply it to you, without you having an experiences, It is good for you.

That when you sin your bottom gets warm. Hmm, but that is not the reason to stop sinning. The reason to stop sinning is who can't have sin and God That's why while the bottom is still warm. You hear daddy on his knees next to you, or with his arms around, you leading, with God, that his child may learn the dreadful greatness of sin that it is against God and would separate his child from God.

And that God would bless his child, the current warmness of his bottom so that he would make the gospel that he had earth penetrates and know that Christ has imported the eternal fire. So that the guilt of the sin could be taken away, so that the power of this sin can be taken away.

So that instead of the nature that my child got for me, the spirit would give him this new nature. Comprise that would hate to sin like He hates having your Baltimore's and that would love Christ and want to obey Christ with all that he is. All right, so a warm bottom will not convert a child.

Even though Proverb says that the wrong will drive the folly, that is bound in its far from it Because the rocker doesn't come in isolation, it comes with the recruiting, It comes of the instruction that comes with the gospel that comes with what sin is, how it works in the heart, what it deserves, what God has done about that and how God displaces it from all, You can't train a child with an eternal soul like you train a noun.

Because If all you get is a well-behaviorally managed unbeliever and he's learned to avoid all those consequences that Proverbs talk about. But he ended up a message that those consequences were put into our life to communicate because you cannot have life and be well in your body and soul forever without God without price without a tournament.

Because I've been new nature. So so yeah. All of the commands and the warnings and how good God has been to design our sin to have serious consequences. All of that is legit and necessary. But without the gospel, all you get, is someone had to had a slightly better.

But hey slightly more pleasant. The experience of pushing down on the knowledge of God and not learning to live as one who has created for him and redeemed for him before they perish forever. It's like it's like given pain meds to someone who has an infection that's been killed.

Like you know, you can give a someone who's gotten appendicitis morphing but that appendix is going to rupture and the mangrene in the bacteria is an implement inside out and he will very comfortably perish.

We're way over now. I'm sorry. Oscar. No, that was that was of the eye gouging and the hand cutting off. I don't want to, you know, any like people with eye patches and amputations next week. You the part of the point that Jesus was making is that it's not the eye that causes new sin.

It's not the hand that causes your exam. It's the nature that you got from Adam because you were a child of Europe and following for Jews was one of the virgin. It is your old nature. Your old self that you need to cut out and kill and you need to have a zero tolerance policy for that old self as you seek from God, the spirit's blessing of a form and growing your new nature that you have gotten from Christ from which comes the love of the Lord.

And then we just so he's serious about the eye gouging and the hand cutting off. It's just, let's not. What causes you to get, it's your former nature. And if you're not a believer, your current nature that needs to be caused from home. Amen. Thank you. Pastor that message is interwoven throughout Owens.

Nine principles. And I noticed too, as I was read through this, everything starts with you must, you must. It's not. You should think about this. No, it's it's you must. So We will continue this next door's day. Let's let's conclude prayer. Father God, we thank you again for your word and for bringing us together to hear this message about lust and how we can combat this in our lives.

Father. God. You were, you are everything to us. Lord, and we come to you giving this unto you to help us through this challenge through, our challenges are struggles. Lord that are only hope is Christ to deliver us and we thank you guys for all you've done and continue to do for us and your precious and holy name Jesus Christ.

Amen.