

“When Troubles are Our Own Fault” Psalm 6

I. *David acknowledges his sin, and begs for mercy -*

- ¹ O LORD, do not rebuke me in Your anger, Nor chasten me in Your hot displeasure.
² Have mercy on me, O LORD, for I *am* weak; O LORD, heal me, for my bones are troubled. Psalm 6:1-2 A (NKJV)

1. *Note David does not ask God not to rebuke or chasten him at all, but not in His (God’s) hot displeasure.*

A. *Sins deserves God’s “hot displeasure” this is what people experience in Hell –*

- ²⁴ “And they shall go forth and look Upon the corpses of the men Who have transgressed against Me. For their worm does not die, And **their fire is not quenched**. They shall be an abhorrence to all flesh.” Isaiah 66:24 (NKJV)

⁴³ If your hand causes you to sin, cut it off. It is better for you to enter into life maimed, rather than having two hands, to go to hell, into the fire that shall never be quenched—⁴⁴ where ‘*Their worm does not die And the fire is not quenched.*’ ⁴⁵ And if your foot causes you to sin, cut it off. It is better for you to enter life lame, rather than having two feet, to be cast into hell, into the fire that shall never be quenched—⁴⁶ where ‘*Their worm does not die And the fire is not quenched.*’ ⁴⁷ And if your eye causes you to sin, pluck it out. It is better for you to enter the kingdom of God with one eye, rather than having two eyes, to be cast into hell fire—⁴⁸ where ‘*Their worm does not die And the fire is not quenched.*’ Mark 9:43–49 (NKJV)

B. *There are times God rebukes / chastens but He gets no good response –*

- ⁴ Alas, sinful nation, A people laden with iniquity, A brood of evildoers, Children who are corrupters! They have forsaken the LORD, They have provoked to anger The Holy One of Israel, They have turned away backward. ⁵ Why should you be stricken again? You will revolt more and more. The whole head is sick, And the whole heart faints. ⁶ From the sole of the foot even to the head, *There is* no soundness in it, *But* wounds and bruises and putrefying sores; They have not been closed or bound up, Or soothed with ointment. Isaiah 1:4–6 (NKJV)

C. *With the worst God sees no repentance, no sorrow for sin –*

- ⁹ And men were scorched with great heat, and they blasphemed the name of God who has power over these plagues; and they did not repent and give Him glory. Revelation 16:9 (NKJV)

2. *Some stubborn sinners are saved by trials –*

A. *Terrible twos, spanking and harder spanking ...*

- ¹³ Do not withhold correction from a child, For *if* you beat him with a rod, he will not die.
¹⁴ You shall beat him with a rod, And deliver his soul from hell. Proverbs 23:13–14 (NKJV)

B. *Pain gets us PRAYING –*

- ¹⁷ pray without ceasing, 1 Thessalonians 5:17 (NKJV)

C. *If we are God’s children, He will discipline us –*

- ⁶ *For whom the LORD loves He chastens, And scourges every son whom He receives.”*

- ⁷ If you endure chastening, God deals with you as with sons; for what son is there whom a father does not chasten? Hebrews 12:6–7 (NKJV)

D. God disciplines us, but He also has mercy –
Have mercy on me, O LORD, for I am weak; ... Psalm 6: 2 A (NKJV)

II. David's sickness is a dire one, he is praying for healing –
**O LORD, heal me, for my bones are troubled. ³My soul also is greatly troubled; But You, O LORD—how long? ⁴ Return, O LORD, deliver me! Oh, save me for Your mercies' sake! ⁵For in death *there is* no remembrance of You; In the grave who will give You thanks? ⁶ I am weary with my groaning; All night I make my bed swim; I drench my couch with my tears.
Psalm 6:2 B – 6**

1. *Troubled bones? Arthritis?*
2. *Soul also troubled? Guilt! A soft heart of flesh!*

²⁶ I will give you a new heart and put a new spirit within you; I will take the heart of stone out of your flesh and give you a heart of flesh. ²⁷ I will put My Spirit within you and cause you to walk in My statutes, and you will keep My judgments and do *them*. Ezekiel 36:26–27 (NKJV)

“If to the left or right I stray, that moment Lord reprove!
And let me weep my life away, for having grieved Thy love!”
Charles H. Spurgeon

3. *The return and deliver here :4 are from disease, but also from the Sin that caused the disease, “death” mentioned in verse :5 is not only physical death but spiritual, moral death!*
4. *Notice the EXTREMES:*
 - A. **weary with my groaning**
 - B. **All night I make my bed swim**
 - C. **I drench my couch with my tears. Psalm 6:6 (Psalm 6:6, not quite 666)**

Sadly, Peter in his denials is almost as bad as Judas in his betrayal, yet Christ forgives and restores!

III. David's difficulties made worse by enemies –
My eye wastes away because of grief; It grows old because of all my enemies. ⁸ Depart from me, all you workers of iniquity; For the LORD has heard the voice of my weeping. ⁹ The LORD has heard my supplication; The LORD will receive my prayer. ¹⁰ Let all my enemies be ashamed and greatly troubled; Let them turn back *and* be ashamed suddenly.

1. *Satan delights when a godly man falls. Especially a well know leader like David -*
¹⁴ However, because by this deed you have given great occasion to the enemies of the LORD to blaspheme, the child also *who is* born to you shall surely die.” 2 Samuel 12:14 (NKJV)

2. *Our troubles, like David's are the consequence of our sin – Drunk / Simpy...*
3. *But eventually God's enemies, our enemies are defeated! The are sinful, yet without Jesus Christ to save them.*