

## Isaiah 58:13-14

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Introduction: How we got here... (a) Heb 4 and the “rest” of God.  
(b) Isa 58:1-12 and the generously law-giving God who makes a generous people. Exodus 20:8-11 and tying the two together.

1. A surprising if-then, v13a
  - a. Not a display of ourselves, but being disciplined by the habit
  - b. While our hearts catch up, we must trust His Word... “call the Sabbath a delight”
  - c. “Holy” means set apart unto God. God’s and not ours.
  - d. But set apart to God for our good; “the Sabbath was made for man”
2. In a manner that rubs us the wrong way, v13b
  - a. It is offensive to us to hear “not your own... nor your own... nor your own”
  - b. Not your own ways. As soon as we start justifying what we want, we’re already breaking the commandment
  - c. Nor your own pleasure. The most important things to set aside for worship on this day are the very things that compete hardest with the Lord to be our refreshment and delight. Focusing upon natural physical or mental benefits of change of pace is to lose the Sabbath principle entirely.
  - d. Nor your own words. Worship and conversations that produce 1Cor 14:22-25 situations.
3. To give us what cannot be had any other way, v14
  - a. Hearts that delight properly
  - b. Heights—realize and savor that we are royalty in Him
  - c. Heritage: the Lord Himself. We mentioned Psalm 16 last week; now consider how this works in...

Conclusion: Psalm 73:16-28 and what we were made for.