

Psalm 40 – Our Help and Deliverer

Thesis: Deliverance comes from the Lord

1. Look _____ for deliverance

What can we learn from looking back?

What can we learn about _____?

A. He is the _____ of His people.

“The LORD is my rock and my fortress and my deliverer...” (Psalm 18:2)

“You are my hiding place; You preserve me from trouble; You surround me with songs of deliverance. Selah.” (Psalm 32:7)

“Many are the afflictions of the righteous, But the Lord delivers him out of them all.” (Psalm 34:19)

B. He is _____ toward His people.

What can we learn about _____?

A. We are _____ to deliver ourselves.

“But this is the covenant which I will make with the house of Israel after those days,” declares the Lord, “I will put My law within them and on their heart I will write it; and I will be their God, and they shall be My people.” (Jeremiah 31:33)

B. We are _____ to find deliverance in God.

2. Look _____ for deliverance

The only appropriate response after looking back

A. _____ God to deliver.

B. _____ God to deliver.

“Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.” (Philippians 4:6)

“This is the confidence which we have before Him, that, if we ask anything according to His will, He hears us.” (1 John 5:14)

“You lust and do not have; so you commit murder. You are envious and cannot obtain; so you fight and quarrel. You do not have because you do not ask.” (James 4:2)

“Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you.” (Matthew 7:7)

C. _____ God to deliver.

Summary: *“As for me, I am poor and needy, but the Lord takes thought for me. You are my help and my deliverer; do not delay, O my God!” (Psalm 40:17, ESV)*