

Intro:

READ WLC Q&A 182.

Main Point of Text: The Holy Spirit prays for us to the Father to help us patiently wait in hope for His heavenly glory.

Sermon Point: *The Holy Spirit Helps You Hope.*

Move 1: You need the Holy Spirit to help you truly pray Biblically.

LC: “We not knowing what to pray for as we ought”: Rom. 8:26. Ability to pray is by the Holy Spirit’s regenerating *and* operating work in you. Eph. 6:18. Ask for help, Luke 11:13.

Move 2: The Holy Spirit will illumine your prayers with the Word He inspired.

LC: “by enabling us to understand both for whom, and what, and how prayer is to be made”. Zech. 12:10: *And I will pour upon the house of David, and upon the inhabitants of Jerusalem, the spirit of grace and of supplications: and they shall look upon me whom they have pierced ...* Pray through Christ. Pray of Christ. Follow Christ’s example in prayer. Use His model prayer.

Move 3: The Holy Spirit will enable and enliven you to pray.

LC: “and by working and quickening in our hearts ... those apprehensions, affections, and graces which are requisite for the right performance of that duty”: Psa. 10:17: *LORD, thou hast heard the desire of the humble: thou wilt prepare their heart, thou wilt cause thine ear to hear.* Stirs us up within.

LC: “(although not in all persons, nor at all times, in the same measure)”. But will work. Gal. 4:6; Rom. 8:15.

Move 4: When you have no words because you are hurting, the Holy Spirit prays for you.

LC: “the Spirit helpeth our infirmities”: Romans 8:26-27:

- Intercedes: here on earth. Not words spoken about you, but within you. Spirit does the speaking.
- Groanings/not know:
 - 3rd groaning. Creation, vs. 22. Second, us through sufferings, vs. 23. Third, Holy Spirit, vs. 26.
 - Subject of all groaning is for the relief of resurrection glory. Hard to wait for/pray for it.
- “Likewise”: refers to earlier verses, 18, 24-25, re: helping through suffering with *hope*: Rom 5:1-5; 1 Thess. 4:13-14; Heb. 11:1; Ps. 16:9 (Acts 2:26); Col. 1:27; 1 Pet. 1:21

Conclusion:

The Holy Spirit Helps You Hope.