

“When Everything Falls Apart”

Psalm 46

I. There is a Refuge. (Psalm 46:1-3)

- A. God himself is the shelter from danger and distress.
- B. The word ‘therefore’ indicates that he is our reason to resist fear.
- C. The troubles of life will roar to intimidate and overwhelm us, but God is here.

II. There is a River. (Psalm 46:4-7)

- A. Grace is the river that gently nourishes and comforts the storm-tossed believer.
- B. Gladness is the result of the flow of God’s grace into our lives. (saving and sustaining grace)
- C. God is the resident of that Grace that flows into our lives. (He is always there)

III. There is a Ruler. (Psalm 46:8-9)

- A. The sovereign Lord of all has the power to create and to destroy.
- B. God has the power and authority to restore peace and order to our lives that have been ravaged.
- C. He is the King of Kings and Lord of Lords, He’s got this.

IV. There is a Rest. (Psalm 46:9-11)

- A. This shall come to pass, for it declares that he maketh wars to cease (stop).
- B. He calls us to be still and know that He is God.
- C. God, who is with us, will be exalted through it all.
- D. Rest in Him.