

“The **Recipe** for True **Happiness**: **Meekness**”

Matthew 5:5

Message Title: “The **Recipe** for True **Happiness**: **Meekness**”

I. The **Definition** of Meekness

Job 5:11 “To set up on high those that be low; that those which mourn may be exalted to safety.”

Numbers 12:3 “(Now the man Moses was very meek, above all the men which were upon the face of the earth.)”

Matthew 21:5 “Tell ye the daughter of Sion, Behold, thy King cometh unto thee, meek, and sitting upon an ass, and a colt the foal of an ass.”

2 Corinthians 10:1 “Now I Paul myself beseech you by the meekness and gentleness of Christ, who in presence am base among you, but being absent am bold toward you:”

Ephesians 4:1-2 “I therefore, the prisoner of the Lord, beseech you that ye walk worthy of the vocation wherewith ye are called, <sup>2</sup> With all lowliness and meekness, with longsuffering, forbearing one another in love;”

Colossians 3:12 “Put on therefore, as the elect of God, holy and beloved, bowels of mercies, kindness, humbleness of mind, meekness, longsuffering;”

Titus 3:1-2 “Put them in mind to be subject to principalities and powers, to obey magistrates, to be ready to every good work, <sup>2</sup> To speak evil of no man, to be no brawlers, but gentle, shewing all meekness unto all men.”

Galatians 5:22-23 “But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, <sup>23</sup> Meekness, temperance: against such there is no law.”

II. The **Direction** of Meekness

- a. Meekness is an Attitude of **Submission** Towards God’s **Will**
- b. Meekness is an Attitude of **Teachability** Towards God’s **Word**
- c. Meekness is an Attitude of **Consideration** Towards God’s **People**

1. Meekness **Endures** Man’s **Attacks**

Psalm 38:12-14 “They also that seek after my life lay snares for me: and they that seek my hurt speak mischievous things, and imagine deceits all the day long. <sup>13</sup> But I, as a deaf man, heard not; and I was as a dumb man that openeth not his mouth. <sup>14</sup> Thus I was as a man that heareth not, and in whose mouth are no reproofs.”

Thomas Watson “Meekness is the bridle of anger. Meekness bridles the mouth, it ties the tongue to its good behavior.”

2. Meekness **Forgives** Man’s **Injuries**

Mark 11:25 “And when ye stand praying, forgive, if ye have ought against any: that your Father also which is in heaven may forgive you your trespasses.”

### 3. Meekness **Repays** Man’s **Evil** with **Good**

Matthew 5:43-44 “Ye have heard that it hath been said, Thou shalt love thy neighbor, and hate thine enemy. <sup>44</sup> But I say unto you, Love your enemies, bless them that curse you, do good to them that hate you, and pray for them which despitefully use you, and persecute you;”

#### III. The **Distinction** of Meekness

##### a. The Meek are Distinctly Blessed by God in the **Present**

Mark 10:28-30a “Then Peter began to say unto him, Lo, we have left all, and have followed thee. <sup>29</sup> And Jesus answered and said, Verily I say unto you, There is no man that hath left house, or brethren, or sisters, or father, or mother, or wife, or children, or lands, for my sake, and the gospel’s, <sup>30</sup> But he shall receive an hundredfold now in this time, houses, and brethren, and sisters, and mothers, and children, and lands, with persecutions...”

Isaiah 26:3 “Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.”

Isaiah 48:22 “There is no peace, saith the LORD, unto the wicked.”

##### b. The Meek are Distinctly Blessed by God in the **Future**

Mark 10:30 “But he shall receive an hundredfold now in this time, houses, and brethren, and sisters, and mothers, and children, and lands, with persecutions; and in the world to come eternal life.”

#### IV. The **Deployment** of Meekness

a. To Deploy Meekness We Must **Empty** Our **Will**

b. To Deploy Meekness We Must **Fill** Our **Minds**

c. To Deploy Meekness We Must **Pour** Into **Others**

J.C. Ryle “Meekness is one of the brightest graces which can adorn the Christian character”